



Colonoscopy/Ileoscopy (with Removal of Polyps)

Dear patient, _____
We are planning a colonoscopy on _____.

Endoscopy of the rectum and colon is one of the most common and reliable methods to clarify possible disease in the lower digestive tract. In particular, it is used as a cancer screening and prevention technique. In order to examine the intestine it must be clean. You will receive a laxative fluid to completely empty the colon. You will have to drink that solution on the day before the examination.

The endoscopy

A thin, flexible optical instrument (endoscope) is used to thoroughly view the rectum and colon. Additional instruments (e.g. biopsy forceps, electric loop) enable removal of tissue samples for microscopic examination. If polyps are found during the endoscopy, they are removed in the same procedure if possible, e.g. with the electric loop or biopsy forceps.

The insufflation of air/Co₂ and pushing forward the endoscope may be painful. Therefore patients are usually given a sedative and an injection of pain medication. We also can perform the endoscopy under a short general anaesthesia. For maximal safety for our patients, we have an anaesthetist in our practice for sedation/ general anaesthesia and monitoring.

This endoscopy is in general a low-risk procedure.

Complications such as a perforation of the intestinal wall or bleeding can be caused by an endoscope in rare cases (after removal of polyps). This may cause further treatment (e.g. administration of antibiotics; another endoscopy or an operation in a hospital). When a general anaesthesia is necessary, this can cause complications like thrombosis, embolism, allergic reaction and infections of the respiratory tract. You will talk to the anaesthetist before the procedure. In some cases problems with skin or the hip joints can occur due to the position of the legs.

After endoscopy

Please contact us if you feel unwell (dizzy, nauseous), if you have fever higher 38°, prolonged or sudden abdominal pain or bleeding. If it is not possible to reach us, please contact a hospital (weekends).

Please don't hesitate to ask us questions before and after the endoscopy.

Patient's statement of consent:

I have read and I understand the information form. During the patient-doctor discussion I was afforded the opportunity to ask any question that was of interest to me. They were answered completely and clearly. I consent to the above-named examination/treatment by Dr. Ommer/ Dr. Schmidt.

If you want a copy of this information form, we can give it to you at the counter.

I agree to the information of my general practitioner/other doctors about the result of the endoscopy.

date:

Dr.Ommer / Dr.Schmidt

patient